

Let's Play

Luke 24:13-19

Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognizing him.

He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. One of them, named Cleopas, asked him, “Are you only a visitor to Jerusalem and do not know the things that have happened there in these days?”

“What things?” he asked.

Luke 24:28-31

As they approached the village to which they were going, Jesus acted as if he were going farther.

But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them.

When he was at the table with them he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him, and he disappeared from their sight.

“Without play there is something devastating that happens to the human heart. Play is not an option if you want to grow socially, psychologically, and spiritually.”

Dr. Dan Allender

Matthew 11:28-30 (MSG)

“Are you tired? Worn out? Burned out on religion?

Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me — watch how I do it.

Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.”

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